

**RMHS Music
Department
Presents:**

**Spring Break
ORLANDO
Tour book**

March 24-30, 2018

Thinking Ahead....

Luggage:

Each person is limited to one suitcase, a garment bag and a carry on bag. Remember you will be responsible for carrying YOUR OWN luggage, so only pack what you can carry. Make sure to plan with your roommates on items that you may only need one of per room such as hair dryers, etc.

EVERYTHING MUST BE TAGGED!!!!!! Make sure that everything you take with you is tagged and includes your name and Rolling Meadows HS, Rolling Meadows, IL.

Travel Entertainment/ Food:

It is recommended that you bring munchies to eat and things to do on a long bus ride such as homework, books, music, games, etc. You may also want to bring a pillow and light blanket for the overnight trip on the bus.

MP3 players:

Please only bring personal players (such as MP3 players). DO NOT bring devices without headphones. Buses will be equipped with Wi-fi. There are charging stations, but not at every seat.

Movies/Videos:

Our buses will have DVD players and you may bring along videos. These videos must be brought to school prior to the trip and approved by the director. NO videos with an R rating will be approved.

Packing List - MANDATORY

For Band Performance: Purple Band polo, black dress pants, black belt, black socks, and black dress or marching shoes

For Orchestra Performance: Black orchestra polo, black dress pants, black shoes

For Choir Performance: Choir polo and black dress pants

For Color Guard Clinic: Purple "Property of RMHS Colorguard and black shorts/yoga pants, or sweats, tan dance or marching shoes

Packing List - RECOMMENDED

Touring clothes- enough for 5 days

Toiletries- Razor, shaving cream, toothbrush & toothpaste, **deodorant**, feminine toiletries, etc.

SUNSCREEN-for strong Florida UV RAYS

Casual Shoes- sneakers for walking

Light jacket or sweatshirt for nights

UNDERWEAR AND SOCKS- enough for 5 days

Cell phone and battery charger

Wrist watch or cell phone- for being ON TIME!!!

Spending \$

There will be 9 meals you will be responsible for purchasing. You will be given two installments of \$30 each towards meals at the beginning and midway through the trip. Meals on the busses and lunches at the theme parks will be your responsibility. You might want to bring additional money for souvenir items. Be wise with your spending so it lasts you the entire trip. ***Some of the provided meals are group dinners, others are dinning cards that you can use anywhere in the park.***

Meals provided= Mon breakfast, Mon dinner, Tues breakfast, Tues dinner, Wed breakfast, Wed lunch, Wed Dinner, Thurs breakfast, Thurs dinner

Meals that are student costs= Sat dinner, Sun breakfast, Sun lunch, Sun dinner, Mon lunch, Tues lunch, Thurs lunch, Fri breakfast, Fri lunch

Rules for the Trip

General Procedures:

Be respectful of the rights of others. The 214 District behavior standards and the RMHS code of ethics are in effect at all times. Gambling, smoking, drinking of alcoholic beverages, use of drugs, profanity, or any other undesirable behavior will not be tolerated. ***Students found in violation of the above terms will be returned home at the parent's expense.***

Bus Routine:

All students are to be quiet during roll call each time we board, answering for THEMSELVES ONLY. You may move around the bus after we depart, but please keep movements to a minimum. Do not stand in the aisle or sit on the arm rests or seat backs. Windows must be closed at all times. Eating on the bus is permissible, but ALL TRASH MUST BE PLACED IN PROPER DISPOSALS. We need to keep these buses clean, as they are our home on wheels and they do not belong to us. During "Lights Out" time males and females must be sitting/sleeping separate from each other.

Hotel Procedure

Check In:

Upon checking into your hotel, the room captain (first name on room list) is to pick up the key(s) from the directors or chaperones. All members of the room are to inspect the room and point out any damage or issues to the chaperones. This is a safeguard requested to protect you.

NOTE: Responsibility for any damages or problems in your room rests with ALL members of that room. Let your chaperone know if there are any damages in your room upon arrival.

Some things to notice upon Check-in

Room# _____

_____ Door Locks	_____ TV not working
_____ Carpeting	_____ No TV in room
_____ Drapes	_____ Bedspread, blanket and sheets
_____ Window	_____ Lamps
_____ Chairs	_____ Bathroom fixtures
_____ Furniture	_____ AC/ Heater
_____ Other(Explain)	

Lights Out:

We must make sure to be respectful of each other as well as other guests in the hotel. Even if you are awake, your roommates may want to sleep. However, rest is important to ensure quality performances and your safety on the full itinerary we have planned. No one is to be out of his/her room for any reason after room check!!! There is a night guard on duty full time to enforce these terms. After lights out, there should be NO TV OR MUSIC playing, hair dryer use, or loud noises in general.

BOYS ARE NOT ALLOWED IN GIRLS' ROOMS OR GIRLS IN BOYS' ROOMS AT ANY TIME!

There is plenty of time during the day to socialize with everyone. The “room monitor” will be in charge of keeping the room neat. Inspection of each room will be made by the chaperone in charge. Therefore, keep your room neat and in order. Don't make the rest of the group late to an event because you have to clean your room!!!

Wake-up:

You are responsible for getting yourself ready in the mornings: IE: getting up, ready etc. Do not rely on your chaperones for this. They will check on you, but this is YOUR responsibility. Check itinerary every night to plan your wake up calls and to set your alarms!

Hotel Room Phones:

Calls out will not be made from hotel room phones. Room phones may be used to call room to room, however, if this privilege is abused your phone WILL be taken from your room.

Check-out:

When we check out, the room captain will give the keys to the chaperone in charge. The chaperone and a hotel staff member will then make an inspection of each of the rooms. Make sure you keep your room clean and neat or you will be sent back to clean your room. This will cause problems with our time schedule.

Meal Manners:

This is probably going to leave the biggest impression of our groups. It is important that we make sure everyone has a welcomed place to eat and manners are observed at all times. Be considerate of others (no loud talking or running around to different tables during the meal). BEST BEHAVIOR!

Loading/Unloading Luggage and Instruments:

Everyone is responsible for their own belongings. Percussionists as a group are responsible for ALL percussion equipment making its way to and from the performance and venue. There are more percussion instruments than percussionists thus you must work as a team.

Travel Procedures:

Whenever the buses arrive at a stop, all students will remain seated until instructions are given. The time for roll check will be announced and you must be back in your seats at that time. Please take a wrist watch or cell phone and be on time for everything!!!!

Groups while in the parks:

Whenever we are in the parks, you need to stay in groups. ***You must have at least 4 in a group.*** If we see you alone or in smaller groups, you will have to stay in a group with an adult director or chaperone for the remainder of that day's time in the park. This is for your own safety and to help keep us on schedule. It is imperative that we are never late for check-ins or bus loading times. Make sure that you have a copy of the itinerary with you at all times. In addition, make sure that you are wearing a watch and have a charged cell phone on you. Chaperones will have a list of everyone's cell phone that would only be used in the case of an emergency or tardiness.

Medication:

If your parents approve of you having your own medication, we must have that in writing and the medications indicated on your medical travel forms. Otherwise all prescription medication and medical forms must be presented to your assigned chaperone. Medications must be in their original bottle, in a zip-lock bag, with instructions and students' name. Students are then responsible to come to their chaperone to receive their medication. ***Students may not carry their own medications, unless granted permission in writing from a parent/guardian.***

Dress Code:

You should be dressed neatly and in good taste whenever you are out in public. Do not wear any clothing that is in need of repair or may have something written on it that may be objectionable. Any clothing item in question must be changed.

Itinerary

SATURDAY, MARCH 24

1:30 PM Final Rehearsals
3:00 PM "Farewell Concert"
4:00 PM Begin loading buses
5:00 PM Depart for Orlando, Florida (1176 miles, 21 hours drive time)
Evening Dinner en route (student cost)
11:00 PM Lights Out and Quiet Time

SUNDAY MARCH 25

Morning Breakfast en route (student cost)
Afternoon Lunch en route (student cost)
6:00 PM Arrive at **Disney Springs**
PM FREE TIME to shop and explore
Disney Springs is a themed retail, dining and entertainment center inspired by Florida's charming waterfront towns, historic architecture and natural beauty. With over 150 different stores, restaurants and entertainment venues planned, Disney Springs is one of the most exciting destinations of its kind in Central Florida
PM Dinner on own (student cost)
7:45 PM BAND students load motor coaches; depart for **University of Central Florida Rehearsal Hall (Building 19)**

8:30	PM	Rolling Meadows HS Band participants in a clinic with Tremon Kizer
10:00	PM	Clinic ends; load motor coaches & depart for the hotel

9:00 PM Non band students- Load motor coaches; depart for the **Rosen Plaza Hotel**
9700 International Drive Orlando, FL 32819 407-996-1710

9:30 PM Check in

11:00 PM Lights Out
 -TWO (2)Private nighttime security guards at the hotel

MONDAY MARCH 26

8:00 AM BAND & ORCHESTRA enjoy breakfast at the hotel

9:00 AM CHOIR enjoy breakfast at the hotel

9:15 AM Band Load motor coaches for **Universal’s Islands of Adventure & Universal Studios**

9:00	AM	Rolling Meadows H.S. Orchestra participates in a CLINIC with Dr. Park Chung
10:00	AM	
10:15	AM	Orchestra Load motor coaches; for Universal’s Islands of Adventure & Universal

10:00	AM	Rolling Meadows H.S. Choir participates in a CLINIC with Dr. Kelly Miller
11:00	AM	
11:15	AM	Choir Load motor coaches for Universal’s Islands of Adventure & Universal Studios

Head To: Visit “The Wizarding World of Harry Potter” and stroll the streets of Hogsmeade, exploring sights and sounds and magical wonders therein; and experience thrilling rides and attractions that bring the adventures of Harry Potter and his friends to life

PM Lunch in park (student cost)

*Don’t Miss: **Jurassic Park River Adventure:** It's lunchtime... and you're on the menu! Take an unforgettable river raft ride through the jungles of Jurassic Park® and see dinosaurs in their natural habitats*

*Check-out: **The Amazing Adventures of Spiderman:** Your spider sense will be tingling! Join your friendly neighborhood Spider-Man™ in an amazing 3-D adventure that has you swinging and soaring high above the city streets. This groundbreaking attraction is one of the most highly acclaimed theme park rides in history.*

4:45 PM Meet as a group at **Hard Rock Café – Universal City Walk**
6050 Universal Blvd Orlando, FL 32819 407-351-7625

5:00 PM Enjoy a **Group Dinner**
Choice of Hard Rock Burger with cheese and/or bacon; Grilled Chicken Sandwich, Fire Roasted Tomato Pasta, Bar-B-Que Pork Sandwich or a Classic Chicken Caesar Salad

6:30 PM Return to **Islands of Adventure**

10:00 PM Park Closes; make your way to Bus parking via the Universal City Walk

10:30 PM Load motor coaches; return to the hotel

11:00 PM Lights Out
 -TWO (2)Private nighttime security guards at the hotel (10:30 pm-5:30 am)-

TUESDAY MARCH 27

8:00 AM Enjoy breakfast at the hotel (*Please wear an RMHS Band, Choir, or Orchestra related t-shirt, Color Guard will need to have their purple "Property of RMHS Color Guard, black yoga pants, and dance shoes for clinic*)

9:00 AM Load coaches; depart for **Epcot®**
Celebrate the fascinating cultures and numerous wonders of the world around you through dazzling shows, interactive experiences and amazing attractions. Marvel at the power of human imagination to set the spirits soaring.

9:30 AM Arrive at the park; drop off CHOIR & FLAGS; enjoy your day in the park

9:45 AM ORCH & BAND departs on two (2) motor coaches for Sunset Showcase
****Located adjacent to the "Rock n Roller Coaster" in Hollywood Studios**

10:00 AM Meet DPA

10:30 AM Rolling Meadows HS Combined Concert/Symphonic Band & Orchestra PARTICIPATES in Disney's "You're Instrumental" Workshop

1:00 PM Workshop ends; load motor coaches; depart for Epcot

PM Lunch in the park (student cost)

1:15 PM FLAGS load one (1) motor coach; depart for Costume & Auditions Building
(located in rehearsal room #6 in a Walt Disney World Service Area)

1:45 PM Meet DPA

2:00 PM Rolling Meadows HS Colorguard PARTICIPATES in "Auxiliration" Workshop

4:30 PM Workshop ends; load motor coach; depart for Epcot

1:45 PM Meet DPA in the park – TBD

2:00 PM Rolling Meadows HS Combined Choirs PARTICIPATES in "Disney Sings" Workshop
*** "Circle of Life" Theatre located in "The Land" pavilion in Future World Area of Epcot**

4:30 PM Workshop ends; re-enter the park

PM Dinner in the park (**Disney dining card provided**)

9:00 PM View **IllumiNations: Reflections of Earth**

A spectacular nightly show filled with pyrotechnics, lasers, fire and fountains on World Showcase Lagoon. Accompanied by dazzling lighting effects projected onto the surrounding pavilions, this award-winning show depicts the history of earth and its people

9:30 PM Load motor coaches; depart for the hotel

10:30 PM Lights Out

-TWO (2) Private nighttime security guards at the hotel

WEDNESDAY MARCH 28

- 8:30 AM Enjoy breakfast at the hotel
- 9:30 AM Load motor coaches; depart for **Disney Springs**
-CHOIR DRESSED TO PERFORM, BRING CHANGE OF CLOTHES FOR AFTER-
-BAND/ORCHESTRA BRING YOUR PERFORMANCE CLOTHES TO CHANGE INTO LATER
- 10:00 AM Unload BAND, ORCHESTRA & CHAPERONES at **Disney Springs**
AM Free time to enjoy the area and watch groups perform

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| 10:15 | AM | CHOIR arrives on one (1) motor coach to DISNEY PERFORMING ARTS (located off the entry road to TEAM DISNEY BUILDING) |
| 10:30 | AM | Meet DPA; warm up |
| 11:30 | AM | Rolling Meadows HS Concert Choir Performs at the Waterview Park Stage
(located in "The Landing" area of Disney Springs) |
| 12:00 | PM | Performance ends; return backstage to change |
| 12:30 | PM | Load one (1) coach and depart for Disney Springs |
| ** Motor coaches will be backstage unloading band; choir will wait until band is done unloading | | |
| | PM | Lunch in Disney Springs (Boxed Lunch from EARL of SANDWICH provided) |

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| 12:30 | PM | BAND loads two motor coaches; depart for DISNEY PERFORMING ARTS |
| 1:00 | PM | Meet DPA; change & warm up |
| 2:00 | PM | Rolling Meadows HS Combined Concert & Symphonic Band Performs at the Market Place Stage (formally Wateside Stage) |
| 2:30 | PM | Performance ends; return backstage to change |
| 2:45 | PM | Load two motor coaches; depart for Disney Springs |

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| 2:40 | PM | ORCH loads one motor coach; depart for DISNEY PERFORMING ARTS |
| 3:00 | PM | Meet DPA; change & warm up |
| 4:00 | PM | Rolling Meadows HS Combined Orchesrta Performs at the Market Place Stage
(formally Waterside Stage) |
| 4:30 | PM | Performance ends; return backstage to change |

- 5:00 PM ALL GROUPS load motor coaches; depart for **Disney's Hollywood Studios**
PM Dinner in park (**Disney dining card** provided)
- 8:30 PM View **FANTASMIC** (based on schedule & fast pass availability)
Sorcerer Mickey takes on some wicked villains in one of the most Explosive nighttime extravaganzas ever. It's an action-packed showdown between good and evil with lasers, lights, pyrotechnics, and dancing waters, all set to favorite Disney music.
- 9:15 PM Don't miss: **Star Wars a Galactic Spectacular**
- 9:30 PM Load motor coaches; depart for the hotel
- 10:30 PM Lights Out
-TWO (2) Private nighttime security guards at the hotel

THURSDAY MARCH 29

- 7:30 AM Check-out of the hotel; begin loading motor coaches
- 8:00 AM Depart for **Planet Hollywood – Disney Springs**
1506 East Buena Vista Drive 407-827-7827
- 8:30 AM Enjoy a group buffet breakfast at **Planet Hollywood**
Menu includes: *Scrambled eggs, bacon strips, sausage links, mini pancakes, mini muffins, hash browns, assorted cold cereals and select fresh fruit*
- 9:30 AM Load motor coaches; depart for the **Ticket and Transportation Center**
- 9:45 AM Take the ferry over the **Magic Kingdom**
Follow your Disney dreams to a place where storybook fantasy comes to life. Seek out adventures, create magical memories with beloved characters and discover the fun where imagination reigns.
- 10:00 AM Enter through the main gate
PM Lunch in the park (student cost)
- Check-out: **Seven Dwarfs Mine Train:** *Whistle a cheery “Heigh-Ho” and relive some of the magic from Snow White and the Seven Dwarfs aboard a speeding mine cart*
- Don’t Miss **Space Mountain:** *Dare to be a rocket jockey and blast into the outer galaxy past shooting stars and other-worldly celestial satellites. Twist and turn in a tumult of fun as you launch*
- PM Dinner in the park (**Disney Dining Card** provided)
- 9:00 PM Enjoy **Happily Ever After**
Gather ‘round Cinderella Castle for an awe-inspiring show that’s sure to surprise and delight.
- PM Immediately following Happy Ever After, depart for the ferry
- 10:15 PM Load motor coaches; depart for **home**
(1180 miles, 21 hours drive time plus 3 hours for stops and 1 hour for time the time change)
- 11:00 PM Lights out and Quiet time

FRIDAY MARCH 30

- Morning Breakfast en route (student cost)
- Afternoon Lunch & Dinner en route (student cost)
- 9:00 PM Arrive at **Rolling Meadows High School**- Welcome Home!